

## **Purpose of the workshop**

To create a safe, engaging online space for care-experienced young people to share views that will help shape:

- **Themes**, messages, and activities for National Care Leavers Month 2026
- What would make National Care Leavers Week feel **meaningful and successful**

## **Welcome & Getting to know each other (5 minutes)**

Explain at the start of the session that:

- Participation is **voluntary**
- There are **no right or wrong answers**
- Participants can contribute **in different ways** (speaking, chat, activities, 1:1 follow-up)
- Views will be **treated with respect and confidentiality**
- The consultation is about **listening**, not persuading

Ask an icebreaker to help participants introduce themselves and settle into the session – e.g. *please tell us your name, and your all-time favourite snack?*

## **Activity 1: Events & Activities (10 minutes)**

### **Online adaptation: Idea 1**

- Read out a short list of activity ideas and ask participants to use reactions or the chat to show whether they would attend (yes, no, maybe)

### **Online adaptation: Idea 2**

- Using mentimeter, the chat function, or group discussion ask participants to finish these sentences...
  - An event I'd want to go to would be...
  - Something that might stop me going to an event would be...
  - When I leave an event or activity, I want to feel...

## **Activity 2: Themes and messages (20 minutes)**

### **Online adaptation: Idea 1**

- Ask participants to find an object near them (or share a picture in the chat) that represents how they feel about National Care Leavers Month, then discuss how this could inspire or fit into a theme.

### **Online adaptation: Idea 2**

- Split participants into small groups and give each group a prompt (e.g. “*If you had to choose one picture/emoji/song to represent the theme of National Care Leavers Month, what would it be?*”), then ask them to agree on a theme name and a short explanation of why to share back with the main group.

### **Activity 3: What does success look like? (15 minutes)**

#### **Online adaptation: Idea 1**

- Ask participants to complete the sentence “*National Care Leavers Week would be successful if...*” using the chat, then talk through responses inviting anybody who wants to share more to talk through their idea.

#### **Online adaptation: Idea 2**

- Share an online poll (Mentimeter or Teams) asking participants to rank ideas:  
Gold = most important  
Silver = second most important  
Bronze = third most important

Suggestions (edit & add your own):

- Care Leavers feeling appreciated
- Wider awareness of Care Leavers
- News & social media coverage
- Working together to make NCLM happen
- Involving more Care Leavers in activities

Give 1–2 minutes to vote then share the results on screen and ask: “*Does anything surprise you?*” or “*Why did Gold feel most important?*”

#### **Anything to add & Finish (5 minutes)**

Thank the group for taking the time to share their thoughts. Ask if there’s any other ideas or comments, they’d like to share about NCLM that they haven’t been able to say. Please take a note of it.

Ask the group to fill in the Mentimeter individually. **You can also send notes of the group discussion via email to [CLNM@thehouseproject.org](mailto:CLNM@thehouseproject.org) using the subject line NCLM Consultation Feedback.**